



## Quiet Time Questions from 01/25/26

Start your quiet time each day with prayer. Ask the LORD to help you focus and understand what you are studying.

**MAIN POINT OF THIS WEEK'S PASSAGE:** When we stop striving in our own strength and finally wrestle with God in surrender, He changes our identity and teaches us to trust His Kingdom rather than our own schemes.

**MEMORY VERSE FOR THE WEEK:** *"Then the man said, "Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome." (Genesis 32:28)*

1. **Read Genesis 32.** Jacob lived between "two camps"—the visible camp of fear and the unseen camp of God's Kingdom. Where do you see these two camps at work in your own life right now, and what tends to pull your trust away from God when fear shows up?
2. **Read Genesis 32.** Jacob prayed a sincere prayer of faith, yet quickly returned to his own plans and schemes. Why do you think it's so easy to pray honestly and still rely on our own strength afterward? What might it look like for your actions to fully match your prayers this week?
3. **Read Genesis 32.** Jacob thought his greatest struggle was with Esau, but discovered the real fight was with God—and that encounter changed him. How can God use the "Esau's" in our lives to invite us into deeper surrender and transformation, and what might God be asking you to let go of so you can trust Him more fully?